



**McLain Community High School**

November 12, 2018

VOLUME 1, NUMBER 7

Dear Long View & McLain Families,

This is a very busy time of the year, we are finishing up the semester and starting to prepare for the next one. The holidays are upon us and we want to wish everyone merry Christmas and Happy Hanukkah.

Here is an important survey notices for parents and guardians:

### **Jeffco Family Survey**

Our school is committed to ensuring that your experience with our school is collaborative, successful and helps your child(ren) learn and grow. We want to know how we are doing. Below is a link to complete a survey about family school partnerships. The survey is anonymous and will only take 10 – 15 minutes. Results will be used to improve our school and your child(ren)'s learning environment. The survey opens Monday, Nov. 26 and closes **Friday, Dec. 14**. Thank you for taking the time to give us feedback! Survey Link: [[www.tinyurl.com/JeffcoFamilySurvey2018](http://www.tinyurl.com/JeffcoFamilySurvey2018)]

Have a great week,

Gavan

**NOTE:** In an effort to be as efficient as possible, the MC/LV School News is prioritized as follows:

- New or time-sensitive topics of interest are at the top of the list
- Followed by the Calendar of Events and Activities

In order to receive McLain/Long View News, the principal email, contact Ann Carver via email at [anncarver@jeffco.k12.co.us](mailto:anncarver@jeffco.k12.co.us). We will update your contact information in Campus as quickly as possible. Mr. Goodrich's email address is [ggoodric@jeffco.k12.co.us](mailto:ggoodric@jeffco.k12.co.us). If you need to contact him directly, text his personal cell phone number: 214-500-0042.

# MC/LV School News and Information 12/10/18

## **Important Student Opportunities**

Here is a list of events that will support students and their exposure to a variety of opportunities at McLain. See the different events, dates and times below.

## **Long View Community Education Resource Ideas**

See a list of valuable resources provided by the Long View parents and administrators.

- Campaign for Tobacco Free Kids JUUL Fact Sheet
  - <https://youthengagementalliance.org/resources/#toolkits>
- 4 Things Parents Need to Know About JUUL and Nicotine Addiction- Truth Initiative
  - <https://truthinitiative.org/>
- JUUL and the Guinea Pig Generation – Public Health Law Center
  - <http://www.publichealthlawcenter.org/topics/tobacco-control>
- Surgeon General Know The risks E-Cigarettes and Young People
  - <https://e-cigarettes.surgeongeneral.gov/getthefacts.html>

## Policy Communication and Enforcement Resources:

- RMC Health – Tobacco Free Schools Policy Checklist Toolkit
  - <http://rmc.org/what-we-do/substance-abuse-prevention-education/>

## Student Education Resources

- CATCH My Breath Youth E-Cigarette Prevention Program
  - <https://catchinfo.org/modules/e-cigarettes/>
- Stanford Medicine Tobacco Prevention Toolkit
  - <https://med.stanford.edu/tobaccopreventiontoolkit/about.html>

## Student Education and Cessation Resource

- RMC Health – Second Chance
  - <http://rmc.org/what-we-do/substance-abuse-prevention-education/tobacco-education-and-curriculum/>
- Colorado Quitline
  - <https://www.coquitline.org/en-US/>
- Smokefree Teen
  - <https://teen.smokefree.gov/>

## **Program Activities and Experiences**

This section will be updated each week. We will communicate to the best of our ability a running schedule for the different school programs and their planned outings and experiences (a two week running update will be provided each week).

Program	Monday 12/10	Tuesday 12/11	Wednesday 12/12	Thursday 12/13	Friday 12/14
Live		Cotton/Stocking FT – North Table Mountain	Cotton/Stocking FT – APEX Center	Cotton/Stocking FT – North Table Mountain	

			Gist FT – Lakewood Heritage Center Michalenko FT – CU South Denver		
<b>ACE</b>	Arnold FT – Eldorado Canyon or APEX Center (depending on weather)	Arnold FT – Matthew Winters or APEX Center (depending on weather)	Arnold FT – APEX Trail or APEX Center (depending on weather)	Arnold FT – Enchanted Forest or APEX Center (depending on weather)	Arnold FT – APEX Center or Eldorado Canyon (depending on weather) Christiansen FT – Golden Brain & Body Tai Chi Friedrich FT – Denver Bouldering Club
<b>Achieve</b>				JCAPP Community Night @ 5pm	Nalley/Todd FT – Roxborough State Park Cram/Copeland FT – Red Rock Community College
<b>Long View</b>					
<b>Electives</b>		Construction FT – Drywall	Construction FT - Painting	Construction FT - Glazier	Construction FT – Habitat for Humanity
<b>CB</b>					
<b>Program</b>	<b>Monday 12/17</b>	<b>Tuesday 12/18</b>	<b>Wednesday 12/19</b>	<b>Thursday 12/20</b>	<b>Friday 12/21</b>
<b>Live</b>		Cotton/Stocking FT – DMNS		Cotton/Stocking – DMNS	
<b>ACE</b>	Arnold FT – Eldorado Canyon or APEX Center (depending on weather)	Arnold to Downtown Golden or APEX Center (depending on weather)	ACE Volunteer Day ACE Volunteer Breakfast	Arnold FT – Mt. Gailbrath or APEX Center (depending on weather)	Arnold FT – APEX Center or Eldorado Canyon (depending on weather) Christiansen FT – Golden Brain & Body Tai Chi Friedrich FT – Deer Creek Canyon
<b>Achieve</b>				Achieve Talent Show	Nalley/Todd FT – Waterton Canyon
<b>Long View</b>					
<b>Electives</b>					Construction FT – Habitat for Humanity
<b>CB</b>					

(FT – Field Trip)

## **2018-2019 Jeffco Academic Calendar**

Click [HERE](#) for your copy of the new 2018-2019 Jeffco Academic Calendar.

**Program Bell Schedules** (click [Here](#))