

General Test-Taking Tips

Taking standardized tests can be stressful, these tips can be helpful!



Get a Good Night's Rest	Listen/Read Directions	First, Formulate Your Own Answer, and then Look for the Closest Answer Choice
Eat a Healthy Breakfast	Pace Yourself Appropriately	Read the ?s First and Carefully (Before Reading Text)
Arrive Early - Be Prepared	Skip ?s/Do the Easiest ?s First	Choose to Be Positive/Persevere
Eliminate Unlikely Answers First	Look for Extreme Modifiers that Tend to Make Answers False (All, Never, None, etc.)	Go With Your "Gut" Instinct/Avoid Over Thinking

Finally, RELAX. Your test scores do NOT define who you really are - simply, do your best.